

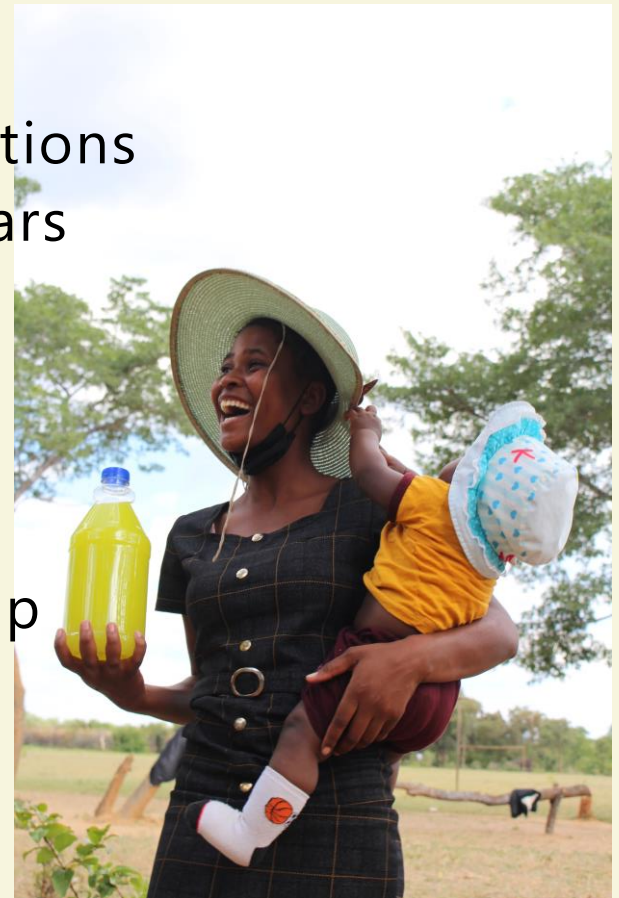


Leaving no teenage mother alone

preventing teenage pregnancies and supporting young mothers in Southern Africa

terre des hommes schweiz ASRHR programme in Southern Africa

- Implementing with local youth organisations in Southern Africa for more than 20 years
- Programmes in Tanzania, Mozambique, Zimbabwe und South Africa
- ASRHR – HIV/Aids, GBV and teenage pregnancies (prevention and support)
- Youths (10y to 25y.) as main target group including teenage mothers



Some stats

- In Mozambique, 40.2 % of women between 20 and 24 were pregnant before becoming 18 years and 7.8 % were pregnant before their 15th birthday¹.
- Tanzania has one of the highest teenage pregnancy rates in the world. A quarter of girls aged 17 years have already begun childbearing;
- In South Africa, in 2016, adolescents (below 19 years) contributed to 13.6% of the registered births in the country in 2016² KZN, where the tdhs projects are being implemented
- A total of 22 percent of adolescent females aged 15-19 in Zimbabwe have begun childbearing in 2015.⁴ According to the National Fertility Study, 'adolescent pregnancy is on the rise in Zimbabwe.'

key drivers of teenage pregnancy



- Lack of comprehensive sexuality education and access to contraception
- Community social norms and attitudes towards the sexuality of unmarried young people
- Poverty and relations with older men

Effects of teenage pregnancies

- High levels of school dropouts
- High rates of early marriages
- Fuels maternal mortality
- High levels of poverty
- Mental health challenges



terre des hommes schweiz – SRHR work



- **Raising awareness** on the need for youth to access prevention services such as contraception.
- **Improve the supply of such services**
- **Challenge social norms** that fuel teenage pregnancy and promote parent-to-child communication
- **Provide safe spaces** and build up support groups
- **Undertake advocacy** to ensure policy makers put in place policies that promote access to services for prevention and management of pregnancy.
- **Keep teenage girls in school!**
- **Facilitate income generating activities** for teen mothers
- **Provide psychosocial support** to the teen mothers.

Advocacy Work with youth delegates

Advocacy strategy in Zimbabwe with our local partners and their respective youth delegates

Three priorities:

- Age of consent to accessing services
- Support for teen mothers
- Child sexual exploitation and child marriage



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